



## POLISI DIM YSMYGU

### Rhesymeg

- Mae ysgol ddi-fwg yn darparu amgylchedd sy'n amddiffyn a hyrwyddo iechyd a lles yr ysgol gyfan.
- Ysmygu yw'r achoswr salwch mwyaf diangen mewn cymdeithas a dangoswyd bod ysmygu goddefgar yn achosi cancr yr ysgyfaint ac afiechydon difrifol eraill i rai nad ydynt yn ysmygu.
- Mae bod yn ysgol ddi-fwg yn atgyfnerthu ein hymroddiad i athroniaeth Cynllun Ysgolion Iach Caerdydd o fabwysiadu dull ysgol cyfan tuag at faterion ysmygu ac atgyfnerthu'r neges addysgwyd yn y dosbarth gyda pholisi ac ymarfer.
- Mae pobl ifanc yn fwy tebygol o ddechrau ysmygu os welant oedolyn yn ysmygu.
- Mae gan ddisgyblion, staff ac ymwelwyr hawl i amgylchedd di-fwg diogel a iach.

### Pwrpas

- Sicrhau amgylchedd iach di-fwg yn ein hysgolion yn unol â deddfwriaeth Llywodraeth Cynulliad Cymru a pholisi Cyngor Bwrdeistref Sirol Caerdydd ar ysmygu yn y gweithle.

### Anghenion deddfwriaeth

- Ni chaniateir ysmygu yn unlle o fewn yr adeilad neu dir yr ysgol 24 awr y dydd saith diwrnod yr wythnos.
- Rhaid arddangos arwyddion di-fwg ar bob mynedfa i dir yr ysgol a phob mynedfa tu allan i'r adeilad neu fannau wedi'u hamgáu sy'n llunio rhan o safle'r ysgol.
- Ni chaniateir ysmygu yn unrhyw gerbyd masnachol sy'n cludo disgyblion neu staff ar deithiau a gweithgareddau o'r ysgol.
- Bydd unrhyw un a geir yn ysmygu ar dir yr ysgol yn cael ei atgoffa o bolisi'r ysgol a gofynnir iddynt adael y safle os byddant yn gwrthod cydymffurfio.



## SMOKE-FREE POLICY

### Rationale

- A smoke free School provides an environment that protects and promotes the health and well-being of the entire school community.
- Smoking is the single most preventable cause of ill health in our society and passive smoking has been shown to cause lung cancer and other serious illnesses in non smokers
- Being a smoke free school reinforces our commitment to the Cardiff Healthy Schools Scheme's philosophy of adopting a whole school approach to smoking issues and reinforcing messages learnt in the classroom with policy and practice.
- Young people are more likely to start smoking if they see adults smoking.
- Pupils, staff and visitors have the right to a safe and healthy smoke free environment.

### Purpose

- To ensure a healthy smoke free environment at our school in accordance with Welsh Assembly Government legislation and Cardiff City County Council's policy on smoking in the workplace.

### Legislative requirement

- Smoking is not allowed anywhere within the buildings or the grounds of our school 24 hours a day 7 days a week.
- Smoke-free signs must be displayed at all entrances to school grounds and at every outer entrance to the building or enclosed areas forming part of the school premises.
- Smoking is not permitted in any commercial vehicle transporting pupils or staff on journeys and to out of school events
- Anyone smoking on school premises will be reminded of the school policy and if they refuse to comply will be asked to leave the premises

**Date Reviewed: January 2015**

**Signed by Headteacher** \_\_\_\_\_

**Signed by Chair of Governors:** \_\_\_\_\_